



SALT LAKE INTERFAITH ROUNDTABLE

P.O. Box 112016 · Salt Lake City, UT 84147-2016

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INTERFAITH MONTH 2013 EVENT

UTAH YOGA RAVE:

“SPIRITUALITY THROUGH MOVEMENT AND MEDITATION,”

PRESENTED BY THE ART OF LIVING UTAH CHAPTER, SATURDAY, MARCH 9

(February 28, 2013) Salt Lake City – A Yoga Rave is a party like none other in the world: a new concept in fun that is healthy and balanced, a fusion of yoga, meditation, and music.

The Art of Living Foundation is the largest volunteer-based educational and humanitarian organization in the world and is active in over 157 countries. It is dedicated to empowering the individual to live life to its fullest potential through meditation, Yoga, spiritual wisdom, and unique breathing exercises.

This Salt Lake event is for joy lovers of all ages: wise explorers interested in learning more about the world; people who meditate or are attracted to meditation; those who lead healthy lifestyles and love to feel good; and everyone who likes to dance, to go out, and get lifted with friends and friends to be. Expect an alcohol- and drug-free evening of a fusion of yoga, movement, and music.

Utah Yoga Rave: “Spirituality through movement and meditation”

Presented by The Art of Living Utah Chapter

Saturday, March 9

8 – 10 p.m.

Doors open 7:30 p.m.

The Complex

536 West 100 South

Salt Lake City, Utah

There is no admission charge.

Event contact: Joy Jelte, jeltelaw@aol.com or **801-649-7813**

Organization website: www.artofliving.org/us-en/saltlakecity